



Early Help for Children and Families Wilden All Saints CE VC Primary School



An Annex for Early Help COVID 19

At Wilden All Saints CE VC Primary School we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support. If this is the case, please come and talk to us. There are many ways our school can help and support you and your family as outlined in this offer of early help.

We can help to plan specific support for families by following the Early Help Pathway, meaning we can carry out a whole family early help assessment where extra support is identified. We will work with you as a family to work together to set and achieve positive outcomes in a family plan

Providing early help to our pupils and families at Wilden All Saints CE VC Primary School means we are more effective in promoting support as soon as we can. Early help in schools means providing support as soon as a problem emerges, at any point in a child's life, from the foundation years through to teenage years and beyond.

In **Keeping Children Safe in Education 2020** it makes it clear that ALL staff should be aware of their local early help process and understand their role in it. In addition, this statutory document makes it clear that any child may benefit from early help, but all school and college staff should be particularly alert to the potential need for early help for a child who:

- Is disabled and has specific additional needs;
- Has special educational needs (whether or not they have a statutory education, health care plan);
- Is a young carer;
- Is showing signs of being drawn in to anti-social or criminal behaviour, including gang involvement and association with organised crime groups;
- Is frequently missing/goes missing from care or from home;
- Is misusing drugs or alcohol themselves;
- Is at risk of modern slavery, trafficking or exploitation;
- Is in a family circumstance present challenges for the child; such as substance abuse, adult mental health problems or domestic abuse;
- Has returned home to their family from care;
- Is showing early signs of abuse and/or neglect;
- Is at risk of being radicalised or exploited;
- Is a privately fostered child.

Everyone may need help at some time in their lives and therefore an ethos of early help is important for any school or PRU.



The coordinated Wilden All Saints CE VC Primary School offer of Early Help is outlined in the table below. We believe that early interventions for children and families, in many cases, will prevent needs from escalating into statutory services.

All Wilden All Saints CE VC Primary School staff must be aware of the Wilden All Saints CE VC Primary School offer of early help. At all times, staff should consider if there is any offer of early help that we can make in order to help a child thrive through using the Early Help Pathway.

We also liaise with other agencies and people within the local community. In the table below are some National organisations that can support children, young people and their families

<p>EH offer in COVID 19</p>	<p><u>Safeguarding your Mental Health during Coronavirus</u></p> <p>Please click on the link below to read the latest guidance from the government about safeguarding your mental health during the coronavirus outbreak.</p> <p>https://www.gov.uk/government/publications/covid-19-guidance-for-the-public-on-mental-health-and-wellbeing/guidance-for-the-public-on-the-mental-health-and-wellbeing-aspects-of-coronavirus-covid-19</p> <p>Further guidance relating to the coronavirus and keeping your children safe online away from school, please go to our news and newsletters. All of the support websites provided in the documents, can be found in useful links or via our internet safety page. The links will take you directly to the required website.</p> <p>We hope you are all keeping safe and well.</p>
	<p><u>Covid 19 guidance for individuals who have a diagnosis of autism</u></p> <p>This information is for parents/carers of children who have a diagnosis of autism and/or have been referred to the Umbrella Pathway or Complex Communication Team. As ever, it is important to balance your child's medical needs with the essential purpose of social distancing.</p> <p>Please see below the link to the official government's Covid 19 guidance, that specifically relates to individuals who have a diagnosis of autism. We would advise that you contact your health professionals should you have any further questions.</p> <p>https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do</p>



	<p>SENDIASS are the SEND Information, Advice and Support Service covering Herefordshire and Worcestershire.</p> <p>SENDIASS have a dedicated team of advisors offering legally-based and easily accessible information and advice about special educational needs and disabilities (SEND).</p> <p>They support parents, carers, children and young people with SEND and their service is impartial and confidential.</p> <p>Please follow the link to the SENDIASS brand new website.</p> <p>Here you can find factsheets (opens in new window), newsletters and other resources (opens in new window), to help you navigate your SEND journey. The new website will make information around SEND more accessible to families across Herefordshire and Worcestershire.</p> <p><u>SENDIASS Worcestershire and Herefordshire</u></p>
	<p>KOOTH</p> <p>Kooth is a free, web based, confidential support service funded by the Worcester and Hereford NHS Trust and is available to all young people aged 11-18 years. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.</p> <p>Year 6 pupils transition into High Schools and as well as it being an exciting time, it may also cause anxiety and stress in others. Kooth can also support vulnerable young people who may experience isolation or low self-esteem and help build their resilience for the big changes ahead. During such unprecedented times, lots of young people are also seeking support around not seeing their friends/teachers before moving to high school, and not being able to see their wider family.</p> <p>Please see link below to access our digital Year 6 assembly presentation which can be shared with pupils as part of their transition support.</p> <p><u>https://drive.google.com/file/d/1R6wqTEBf92T4PxRfvehzv1zQewQwZxC8/view?usp=sharing</u></p> <p>Kooth offers young people the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling</p>



	<p>sessions as needed. Outside counselling hours' young people can message our team and get support by the next day.</p> <p>When young people register with Kooth they will have support available to them now and in the future. Support can be gained not only through counselling but articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.</p> <p>To find out more visit www.Kooth.com where young people can register for the service.</p> <p>You can also view a short video about the service at: https://vimeo.com/318731977/a9f32c87de</p>
	<p><u>Every Mind Matters</u></p> <p>Having good mental health helps us relax more, achieve more and enjoy our lives more. There are simple things we can all do to look after our mental health and wellbeing. Every Mind Matters is here to help you manage and maintain your mental health, as good mental health makes such a difference. It helps us to relax more, achieve more and enjoy our lives more.</p> <p>We all experience times when we're struggling or not coping as we might like, or where our circumstances and life events make things extremely difficult and challenging. It's part of life, and sometimes it's OK to not be OK.</p> <p>Our mental health is not fixed, it's fluid, and just as it can be affected by our life experiences, events and circumstances, there are things we can do to improve it and help others. For further information please visit the every mind matters website www.nhs.uk/oneyou/every-mind-matters/</p> <p>Every Mind Matters is here to help you manage and maintain your mental health, as good mental health makes such a difference. It helps us to relax more, achieve more and enjoy our lives more.</p> <p>We all experience times when we're struggling or not coping as we might like, or where our circumstances and life events make things extremely difficult and challenging. It's part of life, and sometimes it's OK to not be OK.</p> <p>Our mental health is not fixed, it's fluid, and just as it can be affected by our life experiences, events and circumstances, there are things we can do to improve it and help others</p>



	<p>The Early Help Pathway is available to carry out whole family early help assessments and plans</p> <p>https://www.worcestershire.gov.uk/eha</p>
<p>Here to help</p>	<p>This is part of Worcestershire’s response to Covid19.</p> <p>By accessing this, parents can be signposted to community support in their own community so that support is sustainable and bespoke for the families in your school’s community.</p> <p>http://www.worcestershire.gov.uk/here2help , or call 01905 768053.</p>
<p>Starting well</p>	<p>The Starting Well service has a parenting and community team that can offer on line and telephone support for parents, as well as parenting courses.</p> <p>The parenting team can offer 1-1 parenting advice over the phone as well as virtual parenting groups around issues such as support with children’s behaviour, anxiety, eating and sleeping routines etc, and can also signpost to agencies that can support parents in their own community. In addition to this the parenting team can also supports parenting to complete Sollihull on line, as well as Birth and Beyond for expectant parents.</p> <p>The school nursing service can remain in contact with primary, middle and high schools via phone and email. They are providing a Chat health texting service for young people and can also provide consultations via WebEx. The School Nurse team can also off a call or WebEx monthly session for all vulnerable families.</p> <p>https://www.startingwellworcs.nhs.uk/</p>
<p>Supporting happy parental relationships</p>	<p>We recognise that during Covid 19 parental relationships maybe under pressure for several reasons, whether parents are living together in the family home or not. This website contains a range of self-help information and links to support.</p> <p>http://www.worcestershire.gov.uk/info/20793/here2help_supporting_happy_parental_relationships</p>